



PO Box 1258  
North Bay, ON P1B 8K5  
[www.visionvolleyball.ca](http://www.visionvolleyball.ca)

### Contact List for Vision Volleyball Club (VVC) COVID-19 Oversight Group

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Dear Vision Volleyball Club Members,

We would like to inform you of the individuals who will be acting as the COVID-19 Oversight Group as we transition back to volleyball activities.

The following people will comprise this COVID-19 Oversight Group

<b>Name</b>	<b>Position</b>
David Culin	President
Danny Gosselin	Director of Coaching
Dave Crewson	Secretary
Cristina Makitalo	Club OVA Liaison

Should you have any questions about any aspects of the Return to Play protocols or other policies and procedures related to COVID-19, please contact us at [www.visionvolleyball.ca](http://www.visionvolleyball.ca)

Vision Volleyball will be following the OVA (*Ontario Volleyball Association*) Return to Play and Training Protocols as updated from time to time on the OVA website.

This information can be found in depth at <https://www.ontariovolleyball.org/ova-return-to-play>



## Vision Volleyball Club COVID-19 Protocols

### Completion of Ontario Volleyball COVID-19 Waiver

All individuals participating in club must complete the Ontario Volleyball Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). Failure to do so means that individual must not participate in club activities.

Any individual participating in club activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Ontario Volleyball\*:

- Athletes
- Coaches
- Staff
- Board Members
- Volunteers
- Officials (please note: this will be kept on file with Ontario Volleyball)

*The waiver is being collected electronically as part of the new Membership Registration System (MRS) process.*

### COVID-19 Education

VVC will ensure that staff, coaches, athletes, parents and volunteers are well versed in the safety and hygiene protocols as posted from time-to-time by the North Bay Parry Sound District Health Unit or other approved Government agency. Such information will be sent to all members by email at the start of activity.

### Self-Screening Measures

All individuals taking part in indoor volleyball training must self-screen in accordance with current public health guidelines before each training session. Individuals must not attend any training sessions or club activities if they:

- Exhibit any COVID-19 symptoms, such as a fever, cough, difficulty breathing, or other symptoms identified by health experts
- Have been in contact with someone with COVID-19 in the past 14 days
- Have returned from travel outside of Canada (must quarantine for 14 days at home)
- In the last 14 days, have been in close physical contact with someone who returned from outside of Canada in the last 2 weeks and is not an essential worker with exemption from mandatory quarantine?
- Are considered a vulnerable or at-risk individual (individuals over 70 years, weakened immune system or medical conditions such as heart disease, lung disease, cancer etc.)

### An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in club activities.
- If the individual becomes unwell while at the club event, they should be isolated from all others in a well-ventilated area, or outside
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The team that is practicing with the sick individual shall be sent home as well and wait for further instructions on next steps from the Club Covid Oversight-19 Group.
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing
- A member of the COVID-19 Oversight Group should contact the Public Health Unit to discuss the next steps they are recommending in your community if the athlete.



### **An individual is tested for COVID-19**

- A member of the COVID-10 Oversight Group will contact their Public Health Unit to report the positive test and determine next steps for your Club
- Any individual that is part of a club that is unwell and has been tested for COVID-19 must not participate in club activities while waiting for the results of the test
- The club will consult the Session Participation tracking sheets to inform other club members who might have been in close contact with the individual
- Any club members who were in close contact with the individual may participate in Club activities if they do not have any COVID-19 symptoms, have no known exposure to COVID-19 and no travel history, unless directed otherwise by the Public Health Unit

### **An individual tests positive for COVID-19**

- If an individual tests positive for COVID-19, they should inform a member of the club COVID-19 Oversight Group
- The COVID-19 Oversight Group will work where requested with the facility and Public Health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other club members who may have been in close contact with the individual
- Any club members who were in close contact with the individual should not participate in club activities for 14 days, should follow public health guidelines regarding self-isolation and testing but may return to volleyball activities if cleared by the Public Health Unit.
- It is recommended to also inform all club members of a positive COVID-19 result within the club setting
- The club should inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The club will inform Ontario Volleyball of a positive COVID-19 diagnosis by emailing [clubsupportservices@ontariovolleyball.org](mailto:clubsupportservices@ontariovolleyball.org)

### **Return to club activities following illness or exposure to COVID-19**

- Individuals must follow all public health and facility guidelines with respect to returning to volleyball following an illness or exposure to COVID-19
- If a COVID-19 test was negative and there was no known exposure to COVID-19, the individual may return to club activities once they no longer have any symptoms of COVID-19 for at least 24 hours
- If a COVID-19 test was negative and there was a known exposure to COVID-19, the individual may only return to club activities fourteen days after any symptoms started and once they no longer have any symptoms of COVID-19, unless otherwise directed by the Public Health Unit

### **Return to club activities following COVID-19**

- Following a positive COVID-19 test, an individual must follow all Public Health Unit guidelines regarding return to activities.

### **Modification/restriction/postponing or canceling of club activities**

- Based on the evolving COVID-19 pandemic, the club must be prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities
- Clubs should establish a program cancellation policy if one does not exist already
- Clubs members should be informed as soon as possible of any modifications/restrictions or cancellations
- Clubs must keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials/administrators.



## **Public Health Guidelines**

Club members should follow all public health guidelines regarding COVID-19. These may include:

- Any club members who themselves have travelled outside of Canada, must self-isolate and not participate in club or school activities for 14 days, unless the individual has a Government of Canada Travel Exemption
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club activities for 14 days, unless they engaged in consistent and appropriate use of PPE (i.e. healthcare workers) and/or have approval from the Public Health unit to return to volleyball activities.
- Any individual with symptoms of COVID-19 is not permitted to take part in club activities

## **Club COVID-19 Communication Plan**

Clubs should ensure effective communication is taking place with their membership during the Return to Play Stages. The following should be considered by the clubs.

1. Ensure up to date contact information for all club members is on-file
2. To protect Health Information all communication will be directly by email to the members
3. The Oversight group will be responsible for all communication for COVID-19
4. Communication and Documents will be stored with the VVC archives for future reference by club members
5. A member of COVID-19 Oversight Group to follow up with any individuals who become unwell with symptoms of COVID-19 during club activities
6. VVC will store Session Participation Tracking sheets
7. If it is determined that a club member has been tested for COVID-19, inform all club members that may have been in close contact with that individual
8. If it is determined that a club member has tested positive for COVID-19, inform all club members that may have been in close contact with that individual
9. Ensure the facility and Ontario Volleyball are informed if a club member is diagnosed with COVID-19.
10. Ensure the public health unit has been made aware of the member being tested positive